




FLAVOUR STEEPED IN HISTORY

Wholesome Caribbean, Ital-Inspired Vegan & Pescatarian Dishes

NATIONAL DISHES

Island classics, each served with Rice & Peas, Plain Rice or a Windrush Provisions Bowl

 ST. KITS	<b>STEWED SALTFISH</b> Salted cod, coconut dumplings, breadfruit, plantain, bell peppers, ginger, herbs & spices	<b>£13</b>
 GRENADA	<b>OIL DOWN</b> Green bananas, pumpkin, callaloo, okra, cho cho sweet potatoes, coconut cream, herbs & spices	<b>£11</b>

 BARBADOS	<b>FLYING FISH &amp; COU COU</b> Spicy codfish, cornmeal cou cou, okra, breadfruit, herbs & spices	<b>£13</b>
 JAMAICA	<b>ACKEE &amp; CALLALOO</b> Ackee, callaloo, butter beans, coconut cream, herbs & spices	<b>£11</b>

SALADS

Fresh for real, Caribbean style

<b>AVOCADO &amp; TOMATO SALAD</b> Avocado, tomato, onion, garlic-lime vinaigrette	<b>£5</b>
<b>ISLAND GREEN SALAD</b> Greens, cucumber, tomato, butter beans, lime vinaigrette	<b>£5</b>

ROTI

Wrap it up, island style

<b>FISH ROTI</b> Salmon, breadfruit, sweet potatoes, pumpkin, spices	<b>£8</b>
<b>VEGGIE ROTI</b> Pumpkin, sweet potatoes, chickpeas, curry spices	<b>£7</b>

IRIE

Feel good food from yard

<b>MAC &amp; CHEESE</b>	<b>£4/£7</b>
<b>PLAINTAIN</b>	<b>£3</b>
<b>JAMAICAN PATTIES</b>	<b>£3</b>

SIDES

Island classics

<b>CURRY CHANA</b>	<b>£8</b>
<b>PROVISIONS BOWL</b>	<b>£7</b>
<b>SPICY FISH BITES</b>	<b>£7</b>

BITES

Nisse

<b>CONCH &amp; CODFISH FRITTERS</b> £4	<b>DOUBLES</b> £7	<b>JOHNNY CAKES</b> £3
---	----------------------	---------------------------

DESSERTS

SOUP OF THE DAY

£5

DIPS

£1

- HOT PEPPER SAUCE
- JERK BBQ SAUCE
- WINDRUSH SIGANTURE

- SWEET POTATO PUDDING
- RUM CAKE

FISH SPECIALS

- JERK FISH
- BROWN STEW FISH
- £10

\*Please inform a member of staff of any allergies before ordering. While we take care, we cannot guarantee any dish is free from allergen

www.windrush.com